

CCOG WOMEN'S HEALTH GROUP ULTRASOUND INSTRUCTIONS

IMPORTANT: PLEASE READ COMPLETELY

You have been scheduled for a diagnostic ultrasound on _____ at **1131 West St., Bldg 2, Southington (lower level)**. Please arrive a few minutes before your scheduled time. Late patients will most likely be rescheduled. If you would like to confirm your appointment, call **(860) 276-6800** two hours before your appointment. All ultrasounds are done here in the office unless otherwise instructed.

GYNECOLOGICAL: - You may eat. Scan will be transvaginal unless specified by the doctor.

TRANSVAGINAL: - No special bladder filling.

TRANSABDOMINAL: - A full bladder is necessary. You **must** finish three 8 oz.. glasses of water 1 hour before your appointment time.
- You may empty your bladder before starting your water, but **not** after.

PREGNANCIES:
12 weeks or less: - You may eat.
- You do not have to drink water since a vaginal transducer will be used. You do not need a full bladder.

13 - 26 weeks: - A full bladder is necessary. You **must** finish two 8 oz.. glasses of water 1 hour before your appointment time.
- You may empty your bladder before starting your water but **not** after.

28 weeks: - To recheck placental position - follow instructions to fill your bladder.

Again, if you arrive late for an ultrasound appointment, it is likely that you will be rescheduled, so please be on time to avoid any inconveniences. We cannot delay the next scheduled patient.

SPECIAL INFORMATION FOR PREGNANCY ULTRASOUNDS

Ultrasound is one diagnostic tool we use to evaluate your pregnancy

These ultrasounds consist of a check of fetal organs, measurement of head, abdomen, and femur; check placenta and amniotic fluid. You may bring 1 or 2 (no more than 2) support people with you. ***Regardless of age, children count as 1.***

Gender determination of the fetus is possible only if the position is right. We will tell you boy or girl only if you want to know. A picture is given to you at the end of the exam. Family and friends can get a sneak preview of who's coming with your "first picture".

Please leave small children at home unless a specific adult can look after them. Unsupervised children cannot be admitted because our room is not childproof.

This format offers the most efficient use of time, allows the sonographer to concentrate on you and your study and enables "Mom" to get the bathroom as soon as possible to empty her bladder!