



CCOG

Women's Health Group
OBSTETRICS • GYNECOLOGY • MIDWIFERY

SONOHYSTOGRAM

DATE: _____

TIME: _____

Your doctor has scheduled you for a sonohystogram. This procedure is designed to evaluate the endometrial (inner) lining of the uterus.

An initial vaginal ultrasound is performed. Then a very thin catheter will be inserted through the cervix. Through the catheter, sterile saline (salt water) will be infused into the endometrial canal. Ultrasound will be used to image the process.

Some people, though not all, may experience some mild to moderate cramping during the saline portion of the exam. Although the cramping may last for only a few minutes, taking 2 - 3 Motrin/Advil/Aleve one hour before your exam will help to ensure your comfort.

You need not fill your bladder for this exam and no special preparation is needed.

If you have any further questions, please feel free to call the office at (860) 276-6800.