

CCOG WOMEN'S HEALTH GROUP

ANATOMIC SURVEY INSTRUCTIONS

IMPORTANT: PLEASE READ COMPLETELY

You have been scheduled for an anatomic survey on _____ at 1131 West St., Bldg 2, Southington (lower level). Please arrive a few minutes before your scheduled time. Late patients will most likely be rescheduled. If you would like to confirm your appointment, call 276-6800 two hours before your appointment. All ultrasounds are done here in the office unless otherwise instructed.

To prepare for this exam:

- A **full bladder** is necessary. You **must** finish two 8 oz. glasses of **water** 1 hour before your appointment time.
- You may empty your bladder before starting your water but **not** after.

Ultrasound is a medical exam designed to evaluate your pregnancy and assess the well being of your baby. This targeted exam will check your baby's internal organs and bone development as well as the placenta and amniotic fluid around the baby. Special measurements are taken and features are observed by an experienced sonographer dedicated to assuring that in the remote event that a problem exists, it might be identified early.

As each individual and each fetus scan differently, there may be occasions where all views cannot be observed. You may be asked to return on a future date to re-evaluate specific areas.

You may bring 1 or 2 (no more than 2) support people with you. Regardless of age, each child counts as 1. This will better enable the sonographer to concentrate on your baby.

Gender determination of the fetus is possible only if the position is right. We will tell you whether it's a boy or girl only if you want to know. Pictures are given to you at the end of the exam. Family and friends can get a sneak preview of who's coming with your "first pictures".

Please leave small children at home unless a specific adult can look after them. Unsupervised children cannot be admitted because our room is not childproof.

